

**motivationWorks Online Manager Training Program:
Managing for Motivation and Engagement**

Empower Your Managers. Elevate Your Teams.

The Challenge:

Most managers are promoted for their individual contributions—not their management skills. They struggle with team **engagement, retention, communication, feedback, and tough conversations.**

The Solution:

The Surgeon General recommends interventions based on our leading science - the Self-Determination Theory (SDT) framework—to create a supportive work environment that fosters well-being and engagement.

Give your managers the tools they need to **motivate, engage, and lead effectively.** Developed by the founders of **Self-Determination Theory (SDT)**, this training provides practical, science-backed strategies to **inspire employees, build strong teams, and drive performance.**

What Makes This Training Different?

- ✓ **Developed by the creators of SDT experts & veteran leaders**
- ✓ **Science-backed, real-world strategies** (650,000+ studies)
- ✓ **Bite-sized learning** – 5-10 min video modules (3-hour on-demand course)
- ✓ **Interactive exercises & toolkits** for immediate impact

Managers Will Learn:

- ✓ Motivate staff effectively—without outdated methods
- ✓ How to foster **autonomy, relatedness, and mastery** for better performance and engagement
- ✓ Best practices for:
 - Running **impactful team meetings**
 - **Goal-setting** that drives results
 - Using **rewards effectively** (and avoiding common traps)
 - **Fostering accountability** & preventing burnout
 - Giving **critical feedback & handling tough conversations**

What Managers Get:

Expert-led video lessons | Self-assessments | Practical toolkits | Certificate of Completion

Invest in your managers. Unlock your team's potential. Start today!

Learn more: motivationworks.com/training